



PHYSICAL, OCCUPATIONAL & SPEECH THERAPY SPECIALISTS

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Patient Name: _____ Phone _____

Date of Onset: _____ Next Dr. Appt: _____ ICD-9 Code: _____

Diagnosis: _____ Weight Bearing Status: _____

Evaluate and Treat as Indicated: _____PT _____OT _____ST

Special Instructions/Precautions: _____

- Rehabilitation Programs:
- Neck
 - Back
 - Shoulder
 - Hand
 - Elbow
 - Hip
 - Knee
 - Foot/Ankle
 - Stroke
 - Spine
 - Balance
 - Gait Training
 - Aquatic Therapy

MODALITIES

- Modalities as Indicated
- Moist Heat
- Cold Pack
- Diathermy
- Electrical Stimulation
- Ultrasound
- Phonophoresis
- Iontophoresis
- Tens Application
- Traction Neck/Back
- Massage
- Soft Tissue Mobilization
- Whirlpool
- Wound Care _____

EXERCISES

- Passive
- Active Assistive
- Active
- Resistive
- Mobilization
- Stretching
- Isometrics
- Muscle Strengthening (PRE)
- Gait Training
- Home Exercise Instruction

ISOKINETIC EVALUATION

HAND THERAPY

FUNCTIONAL CAPACITY EVALUATION

HAND SPLINTING

PRE-OPERATIVE PROTOCOL

STATIC

DYNAMIC

WORK CONDITIONING

- Daily
- Three times a week
- Treatment Goals as per therapist's discretion unless otherwise noted below
- Other _____

Frequency (times per week): 1 2 3 4 5

Duration (in weeks): 1 2 3 4 5 6

Signature certifies the established plan of care.

Physician Signature: _____ Date: _____

Physician's Name (printed): _____